



# HOUSE BILL 99: Reflexologists Right to Work Act.

2025-2026 General Assembly

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<b>Committee:</b>	House Health. If favorable, re-refer to Regulatory Reform. If favorable, re-refer to Rules, Calendar, and Operations of the House	<b>Date:</b>	March 4, 2025
<b>Introduced by:</b>	Reps. Riddell, Warren, Belk, Brody	<b>Prepared by:</b>	Stewart Sturkie
<b>Analysis of:</b>	First Edition		Committee Co-Counsel

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**OVERVIEW:** *House Bill 99 would exempt certain reflexologists and reflexology students from licensure by the North Carolina Board of Massage and Bodywork Therapy (the Board).*

**BILL ANALYSIS:** House Bill 99 would add the following individuals to the list of practices and individuals exempted from licensure by the Board in G.S. 90-624:

- A reflexologist who has a current, national certification from the American Reflexology Certification Board (ARCB).
- A reflexology student who is working to obtain certification from ARCB under the supervision of an ARCB-certified reflexologist, provided that the student obtains certification by ARCB within 12 months of starting the certification process.

The bill would also define "reflexology."

**EFFECTIVE DATE:** This act would be effective October 1, 2025.

**BACKGROUND:** G.S. 90-623 requires persons who practice massage or bodywork therapy to obtain a license from the Board. In August of 2019, the Board found that reflexology fell within the scope of massage and bodywork therapy and that a license to practice reflexology was required. Reflexology is listed as number 34 on a list of modalities that currently require a license that is published by the Board. There are no General Statutes that currently regulate reflexology in the state.

Kara McCraw  
Director



Legislative Analysis  
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