



# HOUSE BILL 451: Diabetes Education for Parents.

2025-2026 General Assembly

<b>Committee:</b>	House Appropriations. If favorable, re-refer to Rules, Calendar, and Operations of the House	<b>Date:</b>	May 19, 2026
<b>Introduced by:</b>	Reps. Cotham, Arp, Cunningham, Kidwell	<b>Prepared by:</b>	Bryson Penley Staff Attorney
<b>Analysis of:</b>	Second Edition		

**OVERVIEW: The First Edition of House Bill 451 would:**

- *Require all public school units to implement the guidelines adopted by the State Board of Education for developing and implementing individual diabetes care plans.*
- *Require all public school units to annually provide certain information about diabetes to students' parents and guardians.*

**CURRENT LAW:** G.S. 115C-12(31) requires the State Board of Education (SBE) to adopt and regularly update guidelines for developing and implementing individual diabetes care plans for students with diabetes. The guidelines adopted by the SBE must include:

- Procedures for developing an individual diabetes care plan upon the request of a student's parent or guardian.
- Procedures for regularly reviewing a student's individual diabetes care plan.
- Information that must be included in a student's diabetes care plan.
- Information and professional development that schools must provide to school personnel to appropriately support a student with diabetes.

Under G.S. 115C-375.3, local boards of education and the governing boards of charter schools must implement the guidelines adopted by the SBE. Additionally, local boards of education and governing boards of charter schools must make information and professional development resources available to all school personnel to appropriately support a student with diabetes and implement a student's individual diabetes care plan.

Under G.S. 115C-5(7a) the following school units are "public school units:"

- Local school administrative units.
- Charter schools.
- Regional schools.
- Laboratory schools.
- Schools for the deaf and blind.

**BILL ANALYSIS:** Section 1 would require all public school units to implement the guidelines adopted by the SBE for developing and implementing an individual diabetes care plan for a student with diabetes and make information and professional development resources available to all school personnel to appropriately support a student with diabetes and implement a student's individual diabetes care plan.

Section 1 would also require public school units to annually provide parents and guardians with the following information:

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- A description of Type 1 and Type 2 diabetes.
- A description of the risk factors and warning signs associated with Type 1 and Type 2 diabetes.
- A recommendation that parents or guardians consult with a student's primary care provider if the student displays the warning signs associated with Type 1 or Type 2 diabetes.
- A description of the screening process for diagnosing Type 1 and Type 2 diabetes.
- A description of the stages of Type 1 and Type 2 diabetes.
- A recommendation that the parent or guardian of a student receiving a diabetes diagnosis consult with the student's primary care provider to develop an appropriate treatment plan.
- A notification that the student's school is required to assist students with diabetes by implementing the SBE's guidelines for developing and implementing individual diabetes care plans.

Section 2 would include cross-references to the requirements of G.S. 115C-375.3 in the specific statutes governing the schools for the deaf and blind, regional schools, and laboratory schools.

Section 3 would appropriate \$10,000 in nonrecurring funds to the Department of Public Instruction to develop and distribute guidance to public school units on implementing the provisions of this bill.

**EFFECTIVE DATE:** This act would be effective July 1, 2026, and would apply beginning with the 2026-2027 school year.