



This Bill Analysis reflects the contents of the bill as it was presented in committee.

HOUSE BILL 474: Healthy Out-of-School Recognition Program

2015-2016 General Assembly

Committee:	House Education - K-12	Date:	April 21, 2015
Introduced by:	Reps. Dobson, Whitmire, Hardister, B. Turner	Prepared by:	Drupti Chauhan
Analysis of:	First Edition		Committee Counsel

SUMMARY: House Bill 474 adds another program to the types of programs exempt from the definition of child care and establishes the Healthy Out-of-School Time Recognition Program.

SECTION 1

CURRENT LAW: G.S. 110-86 sets forth the definition of "child care" and specifies what is not included in that definition. Examples of the exemptions include recreational programs operated for less than four consecutive months in a year; specialized activities or instruction, or organized clubs; and drop-in or short-term care.

BILL ANALYSIS: Section 1 of House Bill 474 adds another exemption to the list of exemptions from the definition of child care. The bill provides that track out programs provided to school-age children when they are out of school on a year-round school calendar do not fall under the definition of "child care".

SECTION 2

BILL ANALYSIS: Section 2 of the bill would create the Healthy Out-of-School-Time Recognition Program (HOST Program) to be administered by the Department of Health and Human Services, Division of Child Development and Early Education (Department).

The Department is directed to develop a process for an out-of-school time program to be able to gain recognition as a HOST Program that meets National Out-of-School Time Healthy Eating and Physical Activity Standards (HEPA Standards). This process must give an out-of-school time program the option to create a certificate that is signed by its program director that demonstrates the manner in which the out-of-school time program meets the following:

- Training—ensuring that each staff member has training in HEPA standards.
- Parent and caregiver education – engaging them at least every 3 months and 3 to 4 times a year with materials and activities on healthy eating and physical activity.
- Physical activity—providing children with opportunities for moderate to vigorous physical activity for 60 minutes during a full-day program or 30 minutes for a half-day program.
- Screen time—eliminating screen time for children under 2 and limiting screen time to less than 30 minutes for half-day programs and 1 hour for full-day programs for children over 2.
- Food—allowing children to serve themselves food and beverages; providing fruits and vegetables at every meal or snack as well as other healthy items; limiting sugar; and having staff model healthy eating behaviors.

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- Beverages—having water accessible and available to children at all times and providing only water and unflavored 1% or nonfat milk for children 2 and older.
- Fund-raising—requiring fund-raising items to comply with the food and beverage standards set forth above and prohibiting sales from being scheduled during snacks or meals.
- Location—if the out-school time program is located on school site, then communicating with the school about nutrition education and physical activity.
- Notice—Providing parents with information about all of these items at the site of the program and on its Internet Website if there is one and having parents sign a document that they are aware of the HOST Program requirements.

The certificate issued for the HOST Program would be valid for 1 year and any HOST Program that wishes to create a new certificate for the next year must verify to the Department that it continues to follow all of the requirements.

The Department must maintain and update a list of out-of-time school programs that qualify under the HOST Program and post that list on its Website.

EFFECTIVE DATE: The bill would become effective when it becomes law.